Ab initio theory of polarons: Formalism and applications

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We develop a theoretical and computational framework to study polarons in semiconductors and insulators from first principles. Our approach provides the formation energy, excitation energy, and wave function of both electron and hole polarons, and takes into account the coupling of the electron or hole to all phonons. An important feature of the present method is that it does not require supercell calculations, and relies exclusively on electron band structures, phonon dispersions, and electron-phonon matrix elements obtained from calculations in the crystal unit cell. Starting from the Kohn-Sham (KS) equations of density-functional theory, we formulate the polaron problem as a variational minimization, and we obtain a nonlinear eigenvalue problem in the basis of KS states and phonon eigenmodes. In our formalism, the electronic component of the polaron is expressed as a coherent superposition of KS states, in close analogy with the solution of the Bethe-Salpeter equation for the calculation of excitons. We demonstrate the power of the methodology by studying polarons in LiF and Li2O2. We show that our method describes both small and large polarons, and seamlessly captures Fröhlich-type polar electron-phonon coupling and non-Fröhlich coupling to acoustic and optical phonons. To analyze in quantitative terms, the electron-phonon coupling mechanisms leading to the formation of polarons, we introduce spectral decompositions similar to the Eliashberg spectral function. We validate our theory using both analytical results and direct calculations on large supercells. This study constitutes a first step toward complete ab initio many-body calculations of polarons in real materials.

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I. INTRODUCTION

The polaron is a quasiparticle that can be found in many crystalline solids such as semiconductors [1], insulators [2], and molecular crystals [3]. A polaron is formed when an electron or a hole couples to the ions in a crystal in such a way as to generate a lattice distortion; the distortion in turn produces an electric field that acts on the electron or hole. This feedback mechanism alters the energetics and dynamics of the charge carrier and may induce self-trapping. With the improvement in the energy and momentum resolution of angle-resolved photoelectron spectroscopy (ARPES), it has become possible to probe these quasiparticles in many systems of interest, from transition metal oxides [4–7] to two-dimensional materials [8–10]. These experiments and related theoretical investigations contributed to reinvigorating the interest in polaron physics [6,11–13].

The notion of polaron was introduced in a classic short paper by Landau [14], and quantitative studies started with the work of Pekar [15], who considered a single electron interacting with a dielectric continuum. This interaction was shown to induce a localization of the wave function, and an enhancement of the effective mass of the electron [16].

Shortly afterward, Fröhlich, Pelzer, and Zienau formulated a quantum-mechanical theory of the polaron, where the interaction with the polarizable continuum was replaced by electron-phonon interactions (EPIs) between the excess electron and the longitudinal optical phonons of the lattice [17]. Subsequent work by Lee, Low, and Pines [18], Fröhlich [19], Feynman [20], and others [21–25] focused on determining accurate solutions of the Fröhlich polaron Hamiltonian for various strengths of the EPI. More recent work includes accurate numerical investigations of the Fröhlich Hamiltonian using the diagrammatic Monte Carlo method [26], path-integral Monte Carlo [27], and the renormalization group approach [28]. For comprehensive and up-to-date reviews of this vast research area we refer the reader to Refs. [29–31].

Despite the successes of these model solutions and the growing interest in applying these techniques to novel areas such as ultracold atoms [28,32,33], the Fröhlich Hamiltonian describes a highly idealized model system, and does not contain enough information to begin a quantitative and predictive study of polarons in real solids. In fact, this model considers the coupling of an electron to a dispersionless longitudinal optical phonon, but in most materials of practical interest the EPI is far more complex. For example, halide perovskites such as CH3NH3PbI3 exhibit multiphonon Fröhlich coupling [34–36], and transition metal oxides such as TiO2 exhibit anisotropic effective masses [11]. Furthermore, in many situations the EPI involves both long- and short-range effects, which are not well captured by the two limiting scenarios investigated by Fröhlich [17] and Holstein [37]. In order to
mitigate these drawbacks, considerable effort is being devoted to expanding the scope of model Hamiltonians to additional EPI mechanisms [38]. In our view, what is still missing in this area is a unified approach to the polaron problem, where the EPI mechanisms and parameters are obtained from first principles, without making a priori assumptions.

An obvious candidate for beginning to develop an ab initio theory of polarons is density-functional theory (DFT). However, DFT studies of polarons also carry some limitations. Since the calculations are performed by adding or removing an electron in a supercell, the computational cost restricts the systems that can be investigated to small- and intermediate-size polarons (i.e., supercells containing up to a few thousand atoms) [39]. This limitation makes it difficult to investigate systems with interesting long-range Fröhlich EPIs [40]. On top of these computational challenges, standard DFT calculations suffer from the self-interaction error [41], and this can be critical in the study of polarons. Several promising attempts at circumventing this problem have been made, ranging from using Hubbard-corrected DFT [42,43], to hybrid functionals [42–44], and specialized self-interaction correction (SIC) schemes [45]. Even though it is reasonable to expect that these technical challenges will be overcome in the future, DFT calculations based on supercell calculations offer limited physical insight into the EPI mechanisms that drive polaron formation. As a result, it is difficult to establish a link between such calculations and more advanced many-body solvers for model Hamiltonians.

The goal of this study is to make ab initio DFT calculations of polarons more accessible and more systematic, and to lay the groundwork for linking these calculations with advanced polaron solvers based on model Hamiltonians. To this aim, we reformulate the calculation of polaron energies and wave functions using DFT and supercells into a nonlinear eigenvalue problem. The ingredients of this nonlinear problem are DFT quantities that are obtained exclusively from calculations in the crystal unit cell, namely, electron bands, phonon dispersions, and electron-phonon matrix elements; the method does not require explicit supercell calculations. Our present approach is similar in spirit to the study of excitons via the Bethe-Salpeter equations [46,47]: as in the exciton problem, we write the polaron wave function as a superposition of Kohn-Sham (KS) states, and we seek to determine the expansion coefficients in this basis. This is achieved by performing a variational minimization, and the resulting “polaron equations” are found to be closely related to the Landau-Pekar theory. The key approximations involved in our approach are those of harmonic phonons and linear electron-phonon coupling, as in the original Fröhlich model and in the vast majority of modern many-body investigations of polarons. We illustrate the capability of this new theoretical and computational framework by discussing applications to the large electron polaron in LiF: the small hole polaron in the same compound, and the small electron polaron in Li2O2. For these test cases, we report polaron formation energies and excitation energies, wave functions, and atomic displacement profiles, and we analyze the underlying EPI mechanisms in each case. We also discuss a self-interaction scheme that eliminates the need for Hubbard corrections or hybrid functionals. A preliminary account of this work was given in Ref. [48].

The paper is organized as follows. In Sec. II we review the classic Landau-Pekar model [14,15,29]. In Sec. III we develop our formalism. We start from the derivation of the polaron equations in Sec. III A, we discuss the formation energy and the excitation energy in Sec. III B, and we recast the problem in the basis of KS states and vibrational eigenmodes in Sec. III C. In Sec. III D we obtain the atomic displacement patterns associated with the polaron, and in Sec. III E we provide useful expressions for the polaron energy. Section III F describes how to visualize the polaron wave functions, and Sec. III G established the formal link between the present approach and the Landau-Pekar theory described in Sec. II. In Sec. IV we discuss the SIC employed in this work, and how it relates to the polaron equations derived in Sec. III A. The technical details of our implementation and the computational setup for the calculations are described in Sec. V. In particular, we give details of all DFT calculations (Sec. VA), of the nonlinear eigenvalue solver (Sec. VB), and basic information on each of the compounds considered (Sec. VC). In Sec. VI we illustrate our results. First, we validate our SIC against previous work using α-quartz as a test case (Sec. VIA). Then, we discuss the dependence of the polaron energies on supercell size and compare with previous work and SIC calculations in Sec. VIB. We show polaron wave functions and lattice distortions in Sec. VIC, and we compare our results with explicit supercell calculations. The spectral decomposition of the polaron into KS states and normal modes is presented in Sec. VID. In Sec. VII we discuss possible future work to link the present formalism with advanced many-body approaches for model Hamiltonians, and in Sec. VIII we draw our conclusions.

II. LANDAU-PEKAR MODEL

In this section we summarize the original derivation of the Landau-Pekar (LP) model [14,15] since this model provides a very useful starting point to understand our ab initio approach described in Sec. III.

The LP model is a simple yet powerful framework for studying a single electron added to a polar insulator. The key assumption of this model is that the electron wave function extends over spatial dimensions spanning many crystal unit cells. As a consequence, the atomicistic details of the crystal are neglected; the interaction of the added electron with the valence manifold is described via the effective-mass approximation and thus only enters the kinetic energy; the interaction of this electron with the ionic lattice is described via a continuum electrostatic model. The total energy of the LP model is written as

$$E_{LP} = \frac{\hbar^2}{2m^*} \int d\mathbf{r} |\nabla \psi|^2 + \frac{1}{2} \int d\mathbf{r} \mathbf{E} \cdot \mathbf{D}, \quad (1)$$

where $\psi(\mathbf{r})$ is the wave function of the added electron, $\mathbf{E}(\mathbf{r})$ is the self-consistent electric field, and $\mathbf{D}(\mathbf{r})$ is the electric displacement field. The first term on the right-hand side of Eq. (1) represents the band energy of the extra electron, and includes electron-electron interactions via the conduction band effective mass $m^*$. The second term represents the total electrostatic energy of the dielectric [49].
The displacement field \( \mathbf{D} \) is related to the density of free carriers, and therefore to the wave function of the excess electron, by the relation \( \nabla \cdot \mathbf{D} = -e |\psi(r)|^2 \) (\( e \) is the electron charge) or, equivalently,
\[
\mathbf{D} = \frac{e}{4\pi} \nabla \int d\mathbf{r}' \frac{|\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|}.
\] (2)

The displacement field is also related to the self-consistent electric field via \( \mathbf{D} = e_0 e \mathbf{E} \), where \( e_0 \) is the vacuum permittivity and \( e^0 \) is the static dielectric constant. By replacing Eq. (2) into (1) we obtain the total electrostatic energy
\[
\frac{1}{2} \int d\mathbf{r} \mathbf{E} \cdot \mathbf{D} = \frac{1}{2} \frac{e^2}{24\pi e_0 e^0} \int d\mathbf{r} d\mathbf{r}' \frac{|\psi(r)|^2 |\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|}.
\] (3)

In this expression, the electric field \( \mathbf{E} \) includes contributions from both the electronic screening and the lattice screening. Since the electronic screening energy is already accounted for in the band structure term in Eq. (1), we need to subtract this contribution from Eq. (3). The electronic-only contribution is simply obtained by evaluating Eq. (3) with the ionic screening turned off, i.e., by using the high-frequency (electronic) permittivity \( e^\infty \) instead of the static (electronic and ionic) permittivity \( e^0 \). After removing this contribution the electrostatic energy reads as
\[
\frac{1}{2} \int d\mathbf{r} \mathbf{E} \cdot \mathbf{D} = \frac{1}{2} \frac{e^2}{24\pi e_0 e^0} \left( \frac{1}{e^\infty} - \frac{1}{e^\infty} \right)
\times \int d\mathbf{r} d\mathbf{r}' \frac{|\psi(r)|^2 |\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|}.
\] (4)

By defining \( 1/\kappa = 1/e^\infty - 1/e^0 \) [29] we can rewrite Eq. (1) as a functional of the polaron wave function:
\[
E_{LP}[\psi] = \frac{\hbar^2}{2m^*} \int d\mathbf{r} |\nabla \psi(r)|^2
\]
\[
- \frac{1}{2} \frac{e^2}{24\pi e_0 e^0} \int d\mathbf{r} d\mathbf{r}' \frac{|\psi(r)|^2 |\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|}.
\] (5)

The ground-state energy of the LP polaron is found by minimizing this functional with respect to \( \psi \), subject to the constraint provided by the normalization condition \( \int d\mathbf{r} |\psi(r)|^2 = 1 \). This problem can be solved by transforming it into an unconstrained minimization with the normalization incorporated via the Lagrange multiplier \( \epsilon \):
\[
E'_{LP}[\psi, \epsilon] = \frac{\hbar^2}{2m^*} \int d\mathbf{r} |\nabla \psi(r)|^2
\]
\[
- \frac{1}{2} \frac{e^2}{24\pi e_0 e^0} \int d\mathbf{r} d\mathbf{r}' \frac{|\psi(r)|^2 |\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|}
\]
\[- \epsilon \left( \int d\mathbf{r} |\psi(r)|^2 - 1 \right).
\] (6)

By setting to zero the two functional derivatives \( \delta E'_{LP}/\delta \psi^* \) and \( \delta E'_{LP}/\delta \epsilon \) one obtains a Schrödinger-type eigenvalue problem for \( \psi \):
\[
- \frac{\hbar^2}{2m^*} \nabla^2 \psi(r) - \frac{e^2}{4\pi e_0 e^0} \int d\mathbf{r}' \frac{|\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|} \psi(r) = \epsilon \psi(r),
\] (7)
\[
\int d\mathbf{r} |\psi(r)|^2 = 1.
\] (8)

Here, the eigenvalue \( \epsilon \) carries the meaning of an energy, but it is not the total energy of the polaron. This is seen by projecting Eq. (7) onto \( \psi^* \) and comparing with Eq. (5):
\[
E_{LP} = \epsilon + \frac{1}{2} \frac{e^2}{4\pi e_0 e^0} \int d\mathbf{r} d\mathbf{r}' \frac{|\psi(r)|^2 |\psi(r')|^2}{|\mathbf{r} - \mathbf{r}'|}.
\] (9)

Equation (7) provides an intuitive understanding of the nature of polaron self-trapping in the LP model. Let us consider, for example, a normalized trial wave function \( \psi(r) = (\pi r_0^2)^{-1/2} \exp(-|\mathbf{r}|/r_0) \) [29]. Using this trial function, it is evident that that minimization of the kinetic energy term in Eq. (7) favors delocalization (larger \( r_0 \)), while the minimization of the Coulomb term favors localization (smaller \( r_0 \)).

The polaron size \( r_0 \) results from a tradeoff between these competing effects. By replacing the above exponential ansatz in Eq. (5), one obtains a simple estimate for the energy as a function of the polaron size \( r_0 \):
\[
E_{LP}(r_0) = \frac{\hbar^2}{2m^* r_0^2} - \frac{5}{16} \frac{1}{\kappa} \frac{e^2}{4\pi e_0 e^0}.
\] (10)

The minimum of this function is given by
\[
r_0 \text{min} = \frac{16}{5} \frac{m^*}{m_e},
\] (11)

where \( a_0 \) denotes the Bohr radius and \( m_e \) is the free-electron mass. By replacing Eq. (11) inside Eq. (10) we find the ground-state energy
\[
E_{LP,\text{min}} = \frac{25 m^*/m_e}{512} \kappa^2.
\] (12)

The energy given by Eq. (12) can also be expressed by using the standard polaron coupling constant \( \alpha \), which is defined as
\[
\alpha = \frac{e^2}{4\pi e_0 \hbar \sqrt{2\hbar \omega_{LO}}}.
\] (14)

where \( \omega_{LO} \) is the characteristic frequency of longitudinal-optical phonons. By combining Eqs. (12) and (14) one obtains the standard result
\[
E_{LP,\text{min}} = -\frac{50}{512} \alpha^2 \hbar \omega_{LO}.
\] (15)

which is very close to the original variational solution by Pekar [15].

Much work has been done to improve on the simple exponential ansatz employed in this brief overview of the LP model. However, apart from obtaining a more accurate prefactor in front of the term \( \alpha^2 \hbar \omega_{LO} \) in Eq. (15), these improvements do not change the qualitative features of the solution. This is a consequence of the fact that Eq. (5) can be written in a scale-invariant form by defining
ψ(r) = a^{-3/2}φ(r/a) with a = κ a_0/(\text{m}^* / m_0), so that

\[ \frac{E_{1p}}{\alpha^2 \hbar \omega} = \int dr |\nabla \phi(r)|^2 - \int \frac{\phi(r)^2 |\phi(r')|^2}{|r - r'|} dr dr', \tag{16} \]

subject to the normalization condition \( \int dr |\phi(r)|^2 = 1 \). The direct numerical solution \[50\] of Eq. (16) yields a wave function which is very close to the original variational result found by Pekar using a modified exponential \[15,29,50,51\].

From Eq. (12) we see that the formation of a localized polaron is only possible when \( e^0 > e^\infty \), that is in polar crystals. This leaves out those polarons that can form in non-polar semiconductors. In addition, since the electron-phonon coupling mechanism is related to the ionic dielectric response, i.e., to the long-range Fröhlich potential generated by lattice distortions, the LP model also leaves out acoustic and piezoelectric polarons. Further limitations of the model are that it assumes an isotropic dielectric, and does not take into account the atomistic nature of the crystal lattice. In Ref. \[51\] it was pointed out that the LP model is essentially never valid because it relies on the assumption of large polarons in order to use continuum electrostatics, but its results tend to be accurate in the regime of strong coupling, that is for small polarons, in contrast with the starting hypothesis. The LP model is said to describe strong-coupling polarons because the energy given by Eq. (15) is almost the same as that obtained in the strong-coupling limit of the Feynman theory \[\omega / 3\pi \] [20].

In the following section we show how the essential physics of the LP model can be retained by moving to an \textit{ab initio} formalism based on density-functional theory, and that most of the intrinsic limitations of the model can be overcome in this framework.

### III. POLARONS IN DENSITY-FUNCTIONAL THEORY

#### A. Derivation of the polaron equations

In order to develop an \textit{ab initio} theory of polarons, we take the view that standard density-functional theory (DFT) implementations contain most of the essential physics, and can serve as a useful starting point. The modification to remove the self-interaction error in standard DFT will be discussed in Sec. IV.

DFT already incorporates the physics of the LP model: if we add an electron in an otherwise empty conduction band of a semiconductor or insulator, the ions experience an additional force that causes them to screen the extra charge. This notion is well established, and has been exploited in several investigations of small polarons, i.e., polarons with a spatial extension corresponding to one or few atomic orbitals \[44,52,53\].

The main limitation of such direct calculations is that only small polarons can be investigated because intermediate-size and large polarons would require prohibitively time-consuming calculations with supercells containing many thousands of atoms. Another limitation is that with direct calculations it is not possible to analyze the individual contributions to the polaron formation, for example, which phonons are responsible for the self-trapping, and which electrons participate in the polaron wave function. Lastly, direct calculations are very sensitive to the choice of the DFT exchange and correlation functional, mostly due to the self-interaction error, making it very challenging to obtain reliable polaron formation energies.

To overcome these limitations, it is desirable to formulate an \textit{ab initio} theory of polarons which does not require large supercell calculations, and where the individual contributions to the polaron energy and wave functions are easily recognizable. In the following, we propose a framework to address these challenges.

We start by writing the DFT total energy of a semiconducting or insulating crystal, with the valence bands fully occupied and the conduction bands empty. We consider a Born–von Karman supercell of the crystal, containing \( N_p \) unit cells of volume \( \Omega \). We follow the notation of Ref. \[54\] and use \( r_{kp} \) and \( r_{p\alpha} \) to indicate the position and Cartesian coordinates of the atom \( \kappa \) in the unit cell \( p \) along the Cartesian directions \( \alpha \), respectively. The atom \( \kappa \) has a charge \( e Z_{\kappa} \); we shall write the equations with an all-electron implementation in mind; the transposition to a pseudopotential formalism is obvious. The KS states have wave functions \( \psi_{\kappa k}(r) \) with energies \( E_{\kappa k} \), where \( n \) is the band index and \( k \) the wave vector. The wave functions are normalized in the supercell, and we have \( N_p \) \( k \) points on a uniform grid. With this notation the electron density reads as \( n = n^\uparrow + n^\downarrow \), with \( n^\uparrow (r) = n^\downarrow (r) = \sum k \left| \psi_{\kappa k}(r) \right|^2 \) and the subscript \( \nu \) running over all occupied states. The system is assumed to be spin degenerate in the ground state. The DFT total energy of the entire supercell reads as

\[
\frac{E([\psi_{\kappa k}], \{ r_{\kappa\alpha} \})}{E_{\text{Ha}}} = -2 \sum_{\kappa k} \int dr \frac{\alpha_0^2}{2} \frac{\nabla^2}{\psi_{\kappa k}} + \frac{1}{2} \sum_T \int dr dr' \frac{a_0 n(r) n(r')}{|r - r' - T|} + \frac{E_{\text{xc}}[n^\uparrow, n^\downarrow]}{E_{\text{Ha}}}
\]

\[ \quad - \sum_{\kappa p} \int dr \frac{a_0 Z_{\kappa}}{|r - r_{kp} - T|} + \frac{1}{2} \sum_{\kappa p T} \frac{a_0 Z_{\kappa} Z_{\kappa'}}{|r_{kp} - r_{kp'} - T|}, \tag{17} \]

where \( T \) is a vector of the supercell lattice, and all integrals are evaluated over the supercell. In the last term the contribution from \( \kappa p = \kappa' p' \) is omitted when \( T = 0 \). We now call \( r_{\kappa p}^0 \), the atomic positions at equilibrium in the ground state, so that a general ionic coordinate reads as \( r_{kp} = r_{\kappa p}^0 + \Delta r_{kp} \). Similarly, we call \( \psi_{\kappa k} \) the wave functions obtained with the atoms in the equilibrium positions, and \( n^0 \) the corresponding density. To second order in the displacements \( \Delta r_{kp} \), the total energy in Eq. (17)
can be written as

\[
E[\{\psi_k\}, \{\tau_{kp}\}] = E[\{\psi_k\}, \{\tau_{kp}\}^0] + \frac{1}{2} \sum_{k\alpha p, k'\alpha' p'} C_{k\alpha p, k'\alpha' p'}^0 \Delta \tau_{k\alpha p} \Delta \tau_{k'\alpha' p'} + O(\Delta r^3),
\]  

(18)

where \( C_{k\alpha p, k'\alpha' p'}^0 \) is the usual matrix of interatomic force constants [54–56], evaluated for the ground state. Upon adding an extra electron to the ground state, we fill one conduction state and the system becomes spin polarized. Before proceeding, we emphasize that the same reasoning can be made for the case of a hole at the top of the valence bands; the formalism is entirely symmetric in this respect. Let us call the wave function of the excess electron \( \psi \). As we add an extra electron and its associated density \( \Delta n = |\psi|^2 \). For definiteness we say that this extra electron carries a spin up. We also add a compensating jellium background \(-1/N_p\) to avoid the Coulomb divergence. The total energy from Eq. (17) is modified as follows:

\[
\frac{E[\psi, \{\psi_k\}, \{\tau_{kp}\}]}{E_{Ha}} = -2 \sum_k \int d\mathbf{r} \psi_k^* \frac{a_0^2}{2} \nabla^2 \psi_k - \int d\mathbf{r} \psi^* \frac{a_0^2}{2} \nabla^2 \psi + \frac{E_{xc}[n^+ + \Delta n, n^+]}{E_{Ha}}
\]

\[
+ \frac{1}{2} \sum_{\tau} \int d\mathbf{r} d\mathbf{r}' \frac{a_0}{|\mathbf{r} - \mathbf{r}' - \mathbf{T}|} \times [n(\mathbf{r}) - \frac{1}{N_p}\Omega][n(\mathbf{r}') + \frac{1}{N_p}\Omega]
\]

\[
- \sum_{k\alpha p} \int d\mathbf{r} \frac{a_0 Z_a[n(\mathbf{r}) - \frac{1}{N_p}\Omega]}{|\mathbf{r} - \mathbf{r}_k - \mathbf{T}|} + \frac{1}{2} \sum_{k\alpha p, k'\alpha' p'} \frac{a_0 Z_a Z_{\alpha'}}{|\mathbf{r}_k - \mathbf{r}_k' - \mathbf{T}|}.
\]  

(19)

In order to proceed, we make the following key observation: the addition of a single electron to a system of many electrons will modify the electron density only slightly. Indeed, in the limit of very large polaron the extra electron density at any point will be of the order of \((N_p\Omega)^{-1} \ll n\); in the limit of very small polaron the density will be of the order of \(\Omega^{-1}\) in one unit cell, and negligible in the others. Following this argument, in the following we make the approximations that, upon adding one electron, \(\Delta n \ll n\) almost everywhere, and as a result the valence wave functions \(\psi_k\) remain unaltered. The latter approximation allows us to expand the exchange and correlation energy as follows:

\[
E_{xc}[n^+ + \Delta n, n^+] = E_{xc}[n^+, n^+] + \int d\mathbf{r} \frac{\delta E_{xc}}{\delta n} \Delta n(\mathbf{r}) + \int d\mathbf{r} d\mathbf{r}' \frac{\delta^2 E_{xc}}{2\delta n \delta n^+} \Delta n(\mathbf{r}) \Delta n(\mathbf{r}') + O(\Delta n^3).
\]  

(20)

By combining Eqs. (17)–(20) and rearranging we find

\[
E[\psi, \{\psi_k\}, \{\tau_{kp}\}] = E[\{\psi_k\}, \{\tau_{kp}\}^0] + \frac{1}{2} \sum_{k\alpha p, k'\alpha' p'} C_{k\alpha p, k'\alpha' p'}^0 \Delta \tau_{k\alpha p} \Delta \tau_{k'\alpha' p'} + E_{Ha} \int d\mathbf{r} \psi^* \left[ - \frac{a_0^2}{2} \nabla^2 + \sum_{\tau} \int d\mathbf{r}' \frac{a_0 n(\mathbf{r}')}{|\mathbf{r} - \mathbf{r}' - \mathbf{T}|} \right]
\]

\[
- \sum_{k\alpha p} \int d\mathbf{r} \frac{Z_a n(\mathbf{r})}{|\mathbf{r} - \mathbf{r}_k - \mathbf{T}|} + \frac{1}{2} E_{Ha} \left[ \int d\mathbf{r} d\mathbf{r}' \frac{\delta^2 E_{xc}}{2\delta n \delta n^+} \Delta n(\mathbf{r}) \Delta n(\mathbf{r}') + O(\Delta n^3) \right]
\]

\[
+ \sum_{\tau} \int d\mathbf{r} d\mathbf{r}' \frac{\Delta n(\mathbf{r}) - 1/N_p\Omega}{|\mathbf{r} - \mathbf{r}' - \mathbf{T}|/a_0} + E_{B} + O(\Delta r^3) + O(\Delta n^3),
\]  

(21)

where \( E_B \) is a constant term arising from the jellium background. Inside the square brackets in the third and fourth lines of this equation we recognize the KS Hamiltonian \( \hat{H}_{KS}[n(\mathbf{r}), \{\tau_{kp}\}] \) associated with the occupied manifold in absence of the excess electron. In analogy with Eq. (18), we can rewrite this term by performing a Taylor expansion around the equilibrium atomic coordinates:

\[
\hat{H}_{KS}[n(\mathbf{r}), \{\tau_{kp}\}] = \hat{H}_{KS}[n^0(\mathbf{r}), \{\tau_{kp}\}^0] + \sum_{k\alpha p} \frac{\partial V_{KS}^0}{\partial \tau_{k\alpha p}} \Delta \tau_{k\alpha p} + O(\Delta r^3),
\]  

(22)

where we use \( V_{KS}^0 \) to indicate the KS self-consistent potential at equilibrium, in the absence of the excess electron. To keep the formalism as simple as possible, we truncate the expansion to first order in \( \Delta \tau_{k\alpha p} \). This is the lowest order that admits nontrivial solutions, that is, self-trapped polarons.

The fifth and sixth lines of Eq. (21) contain the Hartree, exchange, and correlation self-interaction of the excess electron. These are spurious contributions which artificially increase the energy needed to form a polaron, and which tend to delocalize the polaron wave functions. For the time being, we neglect these terms. In Sec. IV we show that the correct procedure to deal with these terms is to modify the exchange-correlation functional \( E_{xc} \) by including suitable SICs. The resulting formalism is robust and mathematically elegant (validation tests are presented in Sec. VI A).

Now, we can combine Eqs. (21) and (22) to obtain our final expression for the DFT functional of a polaron. At this point we omit the fifth, sixth, and seventh lines of Eq. (21), and we
use the shorthand notation \( \hat{H}^0_{KS} \) for \( \hat{H}_{KS}[\rho^0(r), \{ \tau^0_{k\sigma} \}] \):

\[
E_p[\psi, \{ \Delta \tau_{k\sigma\rho} \}] = E[\{ \psi^0_{k\sigma}, \{ \tau^0_{k\sigma} \}] \\
+ \frac{1}{2} \sum_{k\sigma\rho, k'\sigma' \rho'} C^0_{k\sigma k'\sigma' \rho} \Delta \tau_{k\sigma\rho} \Delta \tau_{k'\sigma' \rho'} \\
+ \int d\mathbf{r} \psi^*(\mathbf{r}) \left[ \hat{H}^0_{KS} + \sum_{k\sigma} \frac{\partial V_{KS}^0}{\partial \tau_{k\sigma\rho}} \tau_{k\sigma\rho} \right] \psi(\mathbf{r}).
\]

(23)

The functional \( E_p[\psi, \{ \Delta \tau_{k\sigma\rho} \}] \) defined by this equation constitutes the DFT counterpart of the Landau-Pekar functional in Eq. (9). Also in this case we can take into account the normalization constraint on the wave function by introducing the Lagrange multiplier \( \varepsilon \). By setting to zero the derivatives with respect to \( \psi^* \) and \( \Delta \tau_{k\sigma\rho} \), we find the coupled system of equations:

\[
\frac{\delta}{\delta \psi^*} \left[ E_p - \varepsilon \left( \int d\mathbf{r} |\psi(\mathbf{r})|^2 - 1 \right) \right] = 0 :
\]

\[
\hat{H}^0_{KS}\psi(\mathbf{r}) + \sum_{k\sigma} \frac{\partial V_{KS}^0}{\partial \tau_{k\sigma\rho}} \tau_{k\sigma\rho} \psi(\mathbf{r}) = \varepsilon \psi(\mathbf{r}),
\]

(24)

\[
\int d\mathbf{r} \psi^*(\mathbf{r}) \left[ \hat{H}^0_{KS} + \sum_{k\sigma} \frac{\partial V_{KS}^0}{\partial \tau_{k\sigma\rho}} \tau_{k\sigma\rho} \right] \psi(\mathbf{r}) = 0 ;
\]

(25)

This coupled system of equations defines a self-consistent problem in \( \psi \) and \( \Delta \tau_{k\sigma\rho} \), whose solution yields the polaron wave function and the associated pattern of atomic displacements. In order to emphasize the analogy with the Landau-Pekar polaron discussed in Sec. II, it is convenient to replace Eq. (25) inside (24). The result is

\[
P^0_{KS}(\mathbf{r}) = \int d\mathbf{r}' K^0(\mathbf{r}, \mathbf{r}') |\psi(\mathbf{r}')|^2 \psi(\mathbf{r}) = \varepsilon \psi(\mathbf{r}),
\]

(26)

having defined the “polaron kernel” \( K^0(\mathbf{r}, \mathbf{r}') \) as

\[
K^0(\mathbf{r}, \mathbf{r}') = \sum_{k\sigma} \sum_{k'\sigma' \rho} \frac{\partial V_{KS}^0}{\partial \tau_{k\sigma\rho}} \tau_{k\sigma\rho} \frac{1}{(C^0)^{-1}} \frac{\partial V_{KS}^0}{\partial \tau_{k'\sigma' \rho}} \tau_{k'\sigma' \rho}.
\]

(27)

In this form, the similarity with Eq. (7) is evident: the KS Hamiltonian in Eq. (26) is the counterpart of the kinetic energy with the band effective mass in the LP model, while the kernel is the counterpart of the self-trapping potential. We will elaborate on this analogy in Sec. III.G.

**B. Formation energy of a polaron and the meaning of the polaron eigenvalue**

As in the case of the LP model, the eigenvalue \( \varepsilon \) appearing in Eq. (26) does not correspond to the energy of the polaron. To see this, it is convenient to define the polaron formation energy \( \Delta E_f \) as the energy required to trap a conduction band state into a localized polaron:

\[
\Delta E_f = \min E_p[\psi, \{ \Delta \tau_{k\sigma\rho} \}] - \min E_p[\psi, \{ \Delta \tau_{k\sigma\rho} = 0 \}].
\]

(28)

Here, \( E_p \) is the functional defined by Eq. (23). This definition yields the energy gained by the system when a delocalized conduction electron becomes self-trapped, and allows us to separate the energetics of the polaron formation from that of the electron addition into the conduction band of the insulator/semiconductor with the ions in the equilibrium positions. By using Eqs. (23), (25), and (27) in this expression we find

\[
\Delta E_f = \int d\mathbf{r} \psi^*(\mathbf{r}) \left( P^0_{KS} - \varepsilon_{CBM} \right) \psi(\mathbf{r})
\]

\[
- \frac{1}{2} \int d\mathbf{r} d\mathbf{r}' |\psi(\mathbf{r})|^2 K^0(\mathbf{r}, \mathbf{r}') |\psi(\mathbf{r}')|^2,
\]

(29)

where \( \varepsilon_{CBM} \) is the KS eigenvalue of the conduction band bottom. Similarly, we can obtain an expression for the Lagrange multiplier \( \varepsilon \) in Eq. (26) by projecting onto \( \psi^* \):

\[
\varepsilon - \varepsilon_{CBM} = \int d\mathbf{r} \psi^*(\mathbf{r}) \left( P^0_{KS} - \varepsilon_{CBM} \right) \psi(\mathbf{r})
\]

\[
- \frac{1}{2} \int d\mathbf{r} d\mathbf{r}' |\psi(\mathbf{r})|^2 K^0(\mathbf{r}, \mathbf{r}') |\psi(\mathbf{r}')|^2.
\]

(30)

By subtracting the last two equations we obtain a simple relation between the formation energy \( \Delta E_f \) and the eigenvalue \( \varepsilon \):

\[
\Delta E_f = \varepsilon - \varepsilon_{CBM} + \frac{1}{2} \int d\mathbf{r} d\mathbf{r}' |\psi(\mathbf{r})|^2 K^0(\mathbf{r}, \mathbf{r}') |\psi(\mathbf{r}')|^2.
\]

(31)

This result shows that the Lagrange multiplier contains a double counting of the Coulomb energy, which has to be removed in order to obtain the formation energy. This is analogous to the relation between the DFT total energy and the sum of the band eigenvalues [57].

By using Eqs. (25) and (27) we can rewrite Eq. (31) as follows:

\[
\Delta E_f = \varepsilon - \varepsilon_{CBM} + \frac{1}{2} \sum_{k\sigma k'\sigma' \rho} C^0_{k\sigma k'\sigma' \rho} \tau_{k\sigma\rho} \tau_{k'\sigma' \rho}.
\]

(32)

This expression for the formation energy can be interpreted in the context of Franck-Condon principle: the difference \( \varepsilon_{CBM} - \varepsilon \) can be thought of as the energy required for an ultrafast excitation to promote the electron from the polaron state to a band state at the bottom of the conduction manifold, while the ions are still in the distorted polaron state; the sum on the right-hand side then corresponds to energy released by the distorted lattice upon relaxation. The same interpretation is often discussed in relation to the LP model [51].

**C. Polaron equations in the basis of Kohn-Sham states and phonon modes**

For practical \textit{ab initio} calculations it is convenient to recast the equations derived in Sec. III.B in a reciprocal space formulation. Since the KS states in the ground state form a
complete basis, we expand the polaron wave function as
\[ \psi(r) = \frac{1}{\sqrt{N_p}} \sum_{nk} A_{nk} \psi_{nk}(r), \quad (33) \]
where the summation is restricted to the unoccupied (conduction) states since we are assuming that the valence band manifold remains unchanged. From the normalization of the KS states \( \psi_{nk} \) and the polaron wave function \( \psi \) it follows
\[ \frac{1}{N_p} \sum_{nk} |A_{nk}|^2 = 1. \quad (34) \]
Now, we replace Eq. (33) inside Eq. (26) and project both sides on a KS state. To carry out the algebra it is useful to keep in mind the standard relations between the electron-phonon matrix elements, the interatomic force constants, and the vibrational eigenmodes [54]:
\[ g_{mn}(k, q) = \sum_{k \alpha p} \left( \frac{\hbar}{2 M_\alpha \omega_{q\nu}} \right)^{1/2} e_{\alpha, q}(q) e^{i q \cdot R_p} \times \int dr \psi_{nk-q}(r) \frac{\partial V_{KS}^0(r)}{\partial \tau_{kap}} \psi_{nk}(r), \quad (35) \]
\[ (C^{-1})_{k\alpha p,\kappa'\nu'} = \frac{1}{N_p} \sum_{q} e_{\alpha, q}(q) e_{\alpha, q'}^* (q) e^{i q \cdot (R_{p'} - R_p)}. \quad (36) \]
Here, \( e_{\alpha, q}(q) \) denotes orthonormal vibrational modes for the wave vector \( q \) and branch \( \nu \), with frequency \( \omega_{q\nu} \). \( M_\alpha \) is the mass of the \( \alpha \) atom. \( R_p \) is a vector of the direct lattice of the crystal unit cell. The integral is over the supercell, and \( g_{mn}(k, q) \) is the matrix element for the scattering of an electron \( \psi_{nk} \) into \( \psi_{nk+q} \) via the phonon \( q \nu \); it has dimensions of an energy. By combining Eqs. (26) and (27) and (33)–(36) we arrive at the self-consistent eigenvalue problem
\[ \frac{2}{N_p} \sum_{q\nu} B_{q\nu} g_{mn}(k, q) A_{mn+q} = (\varepsilon_{nk} - \varepsilon) A_{nk}, \quad (37) \]
\[ B_{q\nu} = \frac{1}{N_p} \sum_{mn} A_{mn+q}^* \frac{g_{mn}(k, q)}{\hbar \omega_{q\nu}} A_{nk}. \quad (38) \]
The operator on the left-hand side of Eq. (37) is Hermitian. This can be verified after noting that from Eq. (38) we have \( B_{q\nu}^* = B_{q\nu}^* + G, \nu \), where \( G \) is a reciprocal lattice vector that folds \( -q \) back into the first Brillouin zone (possibly \( G = 0 \)). The periodicity of \( B_{q\nu} \) is inherited from the choice of a periodic gauge for both the KS states and phonon modes. Furthermore, by taking the complex conjugate of Eq. (37) and using \( g_{mn}(k, q) = g_{mn}(k - G, -q) \) from time-reversal symmetry, it can be seen that if \( A_{nk} \) is a solution vector, then also \( A_{n-k+G}^* \) is a solution for the same eigenvalue. This implies that, apart from a nonessential phase, \( A_{n-k+G} = A_{nk}^* \). By using this property in the expansion (33) we see that the polaron wave function \( \psi \) has to be real valued.

Equations (37) and (38) constitute the central result of this paper. They allow us to calculate the polaron wave function without resorting to supercell calculations, but only starting from standard ingredients of DFT calculations in the unit cell, such as KS states, phonons, and electron-phonon matrix elements [54,55].

### D. Lattice distortion in the polaronic ground state

The polaron eigenvector \( A_{nk} \) obtained from the solution of Eqs. (37) and (38) can be used to find the atomic displacements in the polaron ground state. To this aim, we replace Eqs. (33)–(36) and (38) inside Eq. (25). After some manipulations, we obtain
\[ \Delta \tau_{kap} = -\frac{2}{N_p} \sum_{q\nu} B_{q\nu}^* \left( \frac{\hbar}{2 M_\nu \omega_{q\nu}} \right)^{1/2} e_{\nu, q}(q) e^{i q \cdot R_p}. \quad (39) \]
Here, we can see that the quantity \( B_{q\nu} \) has the physical meaning of the amplitude of the phonon mode \( q \nu \) which contributes to the atomic displacement \( \Delta \tau_{kap} \). As in the case of the electron wave function in the previous section, it is easy to verify that the atomic displacements \( \Delta \tau_{kap} \) are real valued as a result of time-reversal symmetry \( B_{q\nu} = B_{-q+G, \nu} \). By inverting Eq. (39) we also find that \( B_{q\nu} \) fulfills the sum rule
\[ \frac{1}{N_p} \sum_{q\nu} |B_{q\nu}|^2 = \frac{M_\nu}{2 \hbar} \Delta \tau_{kap}^2, \quad (40) \]
where the right-hand side can be interpreted as a measure of the lattice distortion.

### E. Formation energy in the basis of Kohn-Sham states and phonon modes

In analogy with Eq. (39) we can derive the formation energy in terms of the eigenvector \( A_{nk} \). To this aim, we combine Eq. (29) with Eqs. (33)–(36) and (38). The result is
\[ \Delta E_f = \frac{1}{N_p} \sum_{nk} |A_{nk}|^2 (\varepsilon_{nk} - \varepsilon_{CBM}) - \frac{1}{N_p} \sum_{q\nu} |B_{q\nu}|^2 \hbar \omega_{q\nu}, \quad (41) \]
or, equivalently, using Eq. (31),
\[ \Delta E_f = \varepsilon - \varepsilon_{CBM} + \frac{1}{N_p} \sum_{q\nu} |B_{q\nu}|^2 \hbar \omega_{q\nu}. \quad (42) \]
The formation energy in Eq. (41) is composed of one term associated with the electron part of the polaron, described by \( A_{nk} \), and one term associated with the phonon part, described by \( B_{q\nu} \). By comparing Eqs. (42) and (32) we see that \( |B_{q\nu}|^2 \hbar \omega_{q\nu} \) represents the contribution of every vibrational mode to the elastic energy of the polaron. Therefore, it is natural to interpret \( |B_{q\nu}|^2 \) as the number of phonons in each mode participating to the polaron. This heuristic interpretation can be placed on more rigorous ground by moving from a classical to a quantum-mechanical description of the ionic coordinates, and by performing a Bogoliubov transformation [25]. For now, we limit ourselves to emphasize that in DFT calculations the nuclei are described in the adiabatic and classical approximation, therefore, we do not strictly have phonon quanta in our formalism. By introducing the spectral functions
\[ A^2(E) = \frac{1}{N_p} \sum_{nk} |A_{nk}|^2 \delta(E - \varepsilon_{nk} + \varepsilon_{CBM}), \quad (43) \]
\[ B^2(E) = \frac{1}{N_p} \sum_{q\nu} |B_{q\nu}|^2 \delta(E - \hbar \omega_{q\nu}), \quad (44) \]
Eq. (41) is recast as

$$\Delta E_f = \int_0^\infty A^2(E) E \, dE - \int_0^\infty B^2(E) E \, dE.$$  \hspace{1cm} (45)

From these relations we see that the spectral functions $A^2(E)$ and $B^2(E)$ play a similar role in the polaron problem as the Eliashberg function in the theory of superconductors [58]. In Sec. VI D we will show that these functions can be used to identify the EPI mechanisms leading to the formation of polarons.

**F. Visualization of the polaron wave function**

In order to visualize the polaron wave function $\psi$ in Eq. (33), it is convenient to resort to a Wannier function representation. Using the standard notation introduced in Ref. [59], each KS state can be expanded in a basis of maximally localized Wannier functions, i.e., the envelope functions $\psi$.

By combining Eqs. (33) and (46) we obtain

$$\psi(r) = \sum_{mp} A_m(R_p) w_m(r - R_p),$$  \hspace{1cm} (47)

having defined

$$A_m(R_p) = \frac{1}{N_p} \sum_{nk} e^{i k \cdot R_p} U_{mnk}^\dagger A_{nk}.$$  \hspace{1cm} (48)

Equation (47) naturally defines $A_m(R_p)$ as the envelope function of the polaron, starting from an ab initio perspective. It is interesting to observe that Eq. (48) for the electron part of the polaron is entirely analogous to Eq. (39) for the phonon part. Equation (48) is also useful for practical calculations, especially in combination with Wannier-Fourier interpolation of the electron-phonon matrix elements, as we will show in Sec. VI C.

It should be noted that the use of Eq. (47) requires some care: the KS wave functions employed to determine $A_{nk}$ from Eqs. (37) and (38) must be the same as those employed to construct maximally localized Wannier functions, i.e., the matrix $U_{mnk}^\dagger$ in Eq. (48). Failure to do so would result in the introduction of spurious phases and the calculation of an incorrect envelope function.

If the Wannier functions are real, and the wave functions $\psi_{nk}$ fulfill time-reversal symmetry ($\psi_{n, -k} = \psi_{nk}^\dagger$, this is not automatically guaranteed in ab initio calculations), then it follows that $U_{mn, -k} = U_{mnk}^\dagger$. Combined with Eq. (48), these properties imply that also the envelope functions $A_m(R_p)$ will be real valued.

By combining Eqs. (48) and (34) we obtain the normalization condition on the envelope function:

$$\sum_{mp} |A_m(R_p)|^2 = 1, \hspace{1cm} (49)$$

where we used the property that $U_{mnk}$ is a unitary matrix.

**G. Link with the Landau-Pekar model**

We now show that, under suitable approximations, the ab initio polaron equations (37) and (38) reduce precisely to the LP model discussed in Sec. II.

To this aim, we consider a model system with only one conduction band with effective mass $m^*$, one dispersionless phonon mode with frequency $\omega_{LO}$, and electron-phonon coupling given by the Fröhlich interaction. The electron-phonon matrix element $g(q)$ is given by [40,54,60]

$$|g(q)|^2 = \frac{e^2}{4\pi \epsilon_0 \hbar \omega_{LO}} \frac{1}{2 \kappa q^2}.$$  \hspace{1cm} (50)

This expression is valid for an isotropic crystal with a single infrared-active phonon. By replacing Eqs. (48) and (50) inside Eqs. (37) and (38), after some algebra we obtain

$$- \frac{\hbar^2 \nabla^2}{2m^*} A(R) - \sum_{R' \neq R} \frac{1}{N_p} \sum_q |\psi(R')|^2 A(\bar{R}) = \varepsilon A(R).$$  \hspace{1cm} (51)

where we omitted the subscript $p$ from $R_p$, for notational simplicity, and the gradient is with respect to $R$.

In the limit of dense Brillouin-zone sampling, i.e., supercell of infinite size, we can replace the summation over $q$ by an integral using $\int_{BZ} \sum_q = \Omega_{1BZ} / \Omega_{1BZ} d q$. Using this replacement and carrying out the integral, Eq. (51) becomes

$$- \frac{\hbar^2 \nabla^2}{2m^*} A(R) - \frac{e^2}{4\pi \epsilon_0 \kappa} \sum_{R' \neq R} |A(R')|^2 A(\bar{R}') = \varepsilon A(R).$$  \hspace{1cm} (52)

We can now transform the summation over the lattice vectors into an integral, by regarding $R$ as a continuous variable and using the substitution $\sum_{R} = \int dR: \hspace{1cm}

$$- \frac{\hbar^2 \nabla^2}{2m^*} A(R) - \frac{e^2}{4\pi \epsilon_0 \kappa} \Omega \int dR' |A(R')|^2 A(\bar{R}') = \varepsilon A(R).$$  \hspace{1cm} (53)

By comparing this result with Eq. (7), we see that the envelope function $\Omega^{-1/2}A(R)$ coincides with the solution $\psi(r)$ of the LP model. Therefore, in the case of single-band and single-phonon isotropic systems with Fröhlich electron-phonon coupling, there exists a direct and unambiguous link between the LP model and first-principles calculations of polarons.

**IV. QUADRATIC SELF-INTERACTION CORRECTION FOR POLARONS**

As anticipated in Sec. III, the fifth and sixth lines of Eq. (21) contain Hartree and exchange-correlation self-interaction energy of the polaron wave function. These terms are a DFT artifact and in a more accurate many-body picture the excess electron should not interact with itself. The practical consequence of having these terms is that they prevent electron self-trapping. For example, it is immediate to see that the Hartree term always decreases the formation energy of the polaron. As we show in Sec. VI A, we confirmed by direct calculations that we are unable to obtain stable self-trapped polarons in the presence of these spurious
self-interactions. This behavior is also well documented in the literature [45,52].

In order to remove the polaron self-interaction terms in Eq. (21), we introduce a modified DFT functional with SIC as follows:

\[
E^{\text{SIC}}[n_\uparrow + \Delta n, n_\downarrow] = E[n_\uparrow + \Delta n, n_\downarrow] - E_H[\Delta n - \Delta n_B] - \frac{1}{2}(E_{xc}[n_\uparrow + \Delta n, n_\downarrow] - 2E_{xc}[n_\uparrow, n_\downarrow]) + E_{xc}[n_\uparrow - \Delta n, n_\downarrow])
\]

(54)

where \(E[n_\uparrow + \Delta n, n_\downarrow]\) is a standard DFT functional, as in Eq. (21). The term \(E_H\) in this equation indicates the Hartree energy functional, and \(\Delta n_B = (N_\uparrow \Omega)^{-1}\) is the compensating jellium background. The form of the functional \(E^{\text{SIC}}\) is chosen in such a way as to cancel exactly the Hartree self-interaction of the polaron, and to cancel the exchange-correlation self-interaction up to third order in the polaron density \(\Delta n = |\psi|^2\). In fact, upon functional differentiation of the exchange-correlation terms in Eq. (54) we find

\[
E^{\text{SIC}}[n_\uparrow + \Delta n, n_\downarrow] = E[n_\uparrow + \Delta n, n_\downarrow] - \frac{1}{2} e^2 \sum_T \int dr \int dr' \frac{[\Delta n(r) - \Delta n_B][\Delta n(r') - \Delta n_B]}{|r - r' - T|} - \frac{1}{2} \int dr \int dr' \frac{\delta^2 E_{xc}}{\delta n_\uparrow \delta n_\downarrow} \Delta n(r) \Delta n(r') + O(\Delta n^4),
\]

(55)

which corresponds precisely to the functional in Eq. (21) with the fifth and sixth lines removed. The present analysis demonstrates that, not only our starting functional [as defined by the first four lines of Eq. (21)] is physically motivated, but also it can be derived from a simple self-interaction-free DFT functional, as given by Eq. (54). This is particularly useful for benchmarking our formalism against direct calculations in large supercells.

In order to generate KS equations starting from Eq. (54), we evaluate the functional derivatives with respect to \(\psi_{\mathbf{k} \uparrow}\), \(\psi_{\mathbf{k} \downarrow}\), and \(\psi\). As a reminder we have \(n^\uparrow = \sum_{\mathbf{k}} |\psi_{\mathbf{k} \uparrow}|^2, n^\downarrow = \sum_{\mathbf{k}} |\psi_{\mathbf{k} \downarrow}|^2,\) and \(\Delta n = |\psi|^2\). The total density is \(n = n^\uparrow + \Delta n + n^\downarrow\), the spin-up density is \(n^\uparrow + \Delta n\), and the spin-down density is \(n^\downarrow\). We find the following modified KS Hamiltonians for spin-up valence electrons (\(\hat{H}_{\uparrow}^{\text{SIC}}\)), spin-down valence electrons (\(\hat{H}_{\downarrow}^{\text{SIC}}\)), and the polaron wave function (\(\hat{H}_{\text{pol}}^{\text{SIC}}\)):

\[
\hat{H}_{\uparrow}^{\text{SIC}} = \hat{H}_{\uparrow}^{KS}[n_\uparrow + \Delta n, n_\downarrow] + V_{\text{xc}}^{\uparrow}[n_\uparrow + \Delta n, n_\downarrow] - \frac{1}{2} V_{\text{xc}}^{\uparrow}[n_\uparrow + \Delta n, n_\downarrow] - \frac{1}{2} V_{\text{xc}}^{\uparrow}[n_\uparrow - \Delta n, n_\downarrow],
\]

(56)

\[
\hat{H}_{\downarrow}^{\text{SIC}} = \hat{H}_{\downarrow}^{KS}[n_\uparrow + \Delta n, n_\downarrow] + V_{\text{xc}}^{\downarrow}[n_\uparrow + \Delta n, n_\downarrow] - \frac{1}{2} V_{\text{xc}}^{\downarrow}[n_\uparrow + \Delta n, n_\downarrow] - \frac{1}{2} V_{\text{xc}}^{\downarrow}[n_\uparrow - \Delta n, n_\downarrow],
\]

(57)

\[
\hat{H}_{\text{pol}}^{\text{SIC}} = \hat{H}_{\uparrow}^{KS}[n_\uparrow + \Delta n, n_\downarrow] - V_{\text{H}}[\Delta n - \Delta n_B] - \frac{1}{2} V_{\text{xc}}^{\uparrow}[n_\uparrow + \Delta n, n_\downarrow] + \frac{1}{2} V_{\text{xc}}^{\uparrow}[n_\uparrow - \Delta n, n_\downarrow],
\]

(58)

where the Hartree potential \(V_H\) and the exchange-correlation potentials \(V_{\text{xc}}^{\uparrow, \downarrow}\) are defined in the usual way. In order to avoid false minima which are typically encountered in self-interaction corrected DFT [52,61], we follow the method of Ref. [52] and choose to perform a constrained total energy minimization with the constraint \(\psi_{\mathbf{k} \uparrow} = \psi_{\mathbf{k} \downarrow}\). The added advantage of this choice is that it is fully consistent with the assumptions that we used in Sec. III A to derive the polaron equations.

Our functional \(E^{\text{SIC}}\) in Eq. (54) is similar, albeit not identical, to the SIC proposed in Ref. [52]. In that work the authors studied the self-trapping of holes in \(\alpha\)-quartz by using a damped Car-Parrinello minimization of the total energy. Using the present notation, their functional reads as

\[
E^{\text{SIC}, \text{Ref.} \,[52]}[n_\uparrow + \Delta n, n_\downarrow] = E[n_\uparrow + \Delta n, n_\downarrow] - E_H[\Delta n] - E_{xc}[n_\uparrow + \Delta n, n_\downarrow] + E_{xc}[n_\uparrow, n_\downarrow].
\]

(59)

By comparing this expression with Eq. (54), we see that the Hartree self-interaction is removed in a similar way in both approaches. The difference lies in the exchange-correlation self-interaction: by expanding \(E_{xc}[n_\uparrow + \Delta n, n_\downarrow]\) in Eq. (59) using the functional derivative, we see that the polaron does not experience the exchange-correlation interaction with the valence electrons. This can lead to artificially large band gaps. By applying the SIC to quadratic order in \(\Delta n\) both for the Hartree and for the exchange-correlation contributions via Eq. (55), the polaron experiences the usual exchange-correlation interaction with the valence electrons, and band gaps remain unaffected.

The correction provided by Eq. (54) is easy to implement in DFT schemes which perform a direct minimization of the energy functional, and requires minimal changes to existing codes [62].

As we show in Sec. VI B, the functional \(E^{\text{SIC}}\) defined by Eq. (54) overcomes the delocalization problem of DFT, and correctly yields localized polaron wave functions in polar materials. Importantly, this method does not require the tuning of Hubbard corrections in DFT+U or the mixing parameter \(\alpha\) in hybrid functional calculations since the self-interaction error is removed from the outset without introducing additional parameters.

V. IMPLEMENTATION AND COMPUTATIONAL SETUP
A. Density-functional theory calculations

In order to demonstrate the theory developed in Sec. III we perform DFT calculations using plane waves and pseudopotentials, as implemented in the QUANTUM ESPRESSO materials simulation suite [63], together with the wannier90 [64] and EPM [65] codes. The polaron equations described in Sec. III C are implemented in a modified version of the epw code, and the visualization of the polaron wave functions as described in Sec. III F is performed using a modified version of the wannier90 code and vesta for visualization [66]. We use the generalized gradient approximation to DFT of Perdew, Burke, and Ernzerhof (PBE) [67], and optimized norm-conserving Vanderbilt (ONCV) pseudopotentials [68], with plane waves kinetic energy cutoffs of 150, 105, and 70 Ry for LiF, Li2O2, and \(\alpha\)-SiO2, respectively. In the ground-state calculations we sample the Brillouin zone with \(\Gamma\)-centered uniform meshes of size 12 \times 12 \times 12 and 8 \times 8 \times 8 for LiF and Li2O2, respectively, while \(\alpha\)-SiO2 is sampled at \(\Gamma\). Lattice vectors and
internal coordinates are optimized using this setup before proceeding to calculate polarons. Equations (37) and (38) require the evaluation of KS energies, phonon energies, and electron-phonon matrix elements on dense uniform grids. To this aim, we employ Wannier-Fourier interpolation [54,59,69], as implemented in WANNIER90 and EPW. In order to validate our approach against explicit supercell calculations, we consider two systems, Al-doped α-SiO2 and Li2O2, and we perform self-interaction corrected Car-Parrinello calculations using the CP code [70] of QUANTUM ESPRESSO. The SIC scheme implemented in CP was developed in Ref. [52], and corresponds to the functional in Eq. (59). To implement the functional in Eq. (55) we made minor modifications to the existing code.

B. Solution of the polaron equations

In order to solve Eqs. (37) and (38) we rewrite Eq. (37) more conveniently as follows:

\[ \sum_{n,k} H_{nk,k} A_{n,k} = \varepsilon A_{nk}, \]  

(60)

with

\[ H_{nk,k} = \delta_{nk,k} \varepsilon_{nk} - \frac{2}{N_p} \sum_{v} B_{k-k,v}^{n} g_{mnv}(k,k-k'). \]  

(61)

In this form it is clear that the solution of Eq. (60) can be obtained using standard numerical eigensolvers. In order to start the procedure, we initialize the vector of coefficients \( A_{nk} \) using a Gaussian line shape centered at the band minimum. From this starting guess we proceed to construct the vector of coefficients \( B_{q} \), using Eq. (38). At this point, we can set up the Hamiltonian matrix of Eq. (61) and proceed to the solution of the eigenvalue problem in Eq. (60). The lowest-energy eigenvector \( A_{nk} \) is used again in Eq. (38) and the whole procedure is repeated until convergence in the polaron formation energy as given by Eq. (42). In all calculations, we employ an energy convergence threshold of 0.1 meV.

The k-point grid employed in Eq. (60) defines the equivalent Born–von Kármán (BvK) supercell hosting the polaron. For example, a k-point grid 10 × 10 × 10 corresponds to calculating the polaron wave function, the corresponding atomic displacements, and the energetics in an equivalent 10 × 10 × 10 supercell. Since we need information on both \( A_{nk} \) and \( B_{q} \), we use the same uniform and \( \Gamma \)-centered grid for k points and q points. When \( k + q \) falls outside of the initial grid, we use the periodic gauge and set \( A_{nk+q} = A_{nk+q+G} \), with \( G \) a reciprocal lattice vector that folds \( k + q \) inside the original grid. This procedure is necessary to guarantee that the solution vector \( A_{nk} \) fulfills time-reversal symmetry [see discussion after Eq. (38)].

In the case of large polarons dominated by the Fröhlich coupling, the electron-phonon matrix elements exhibit a singularity at \( \varepsilon = 0 \) [11]. As a result, the solution vectors \( A_{nk} \) tend to have significant weight only in the vicinity of the band extrema. This is the case of the electron polaron in LiF, for example, as discussed in Sec. V.C. In these situations, one needs relatively fine k- and q-point meshes, but most grid points do not contribute to the calculations; to reduce computational cost we use fine grids but we restrict the Hamiltonian \( H_{nk,k} \) to an inner grid of \( k, k' \) points near the band edges. We then increase the size of the inner grid to check for convergence.

Since in the present formalism we study a localized charge distribution in a supercell, the solutions of the eigenvalue problem in Eq. (60) contain a spurious interaction energy between the polaron and its periodic images. The same situation is also found in the study of charged defects in periodic supercells. In order to eliminate this spurious energy, we employ the standard Makov-Payne correction [71]. To this aim, we perform calculations for increasing size of the equivalent BvK supercell, and then extrapolate the formation energy and the polaron eigenvalue using the asymptotic trend \( L^{-1} \), where \( L \) is the linear size of the equivalent supercell. For example, in the case of the large electron polaron in LiF, we use k-point grids up to 33 × 33 × 33. In order to cope with such large grids, we use a distributed-memory eigensolver from the SCALAPACK library [72].

One last aspect that requires some care is some cause the gauge arbitrariness of the electron-phonon matrix elements \( g_{mnv}(k,q) \) that one obtains from Wannier-Fourier interpolation. The arbitrariness relates to the facts that (i) the unitary rotation \( U_{mnk} \) used in Eq. (46) to go from the smooth Bloch basis to the basis of KS states is determined from a separate diagonalization at each k point; (ii) the analogous rotation required for the atomic displacements in Eq. (35), that is the matrix of vibrational eigenvectors \( e_{v\alpha}(q) \), is also obtained by a separate diagonalization at each q. These diagonalizations have two drawbacks: (1) they do not satisfy the time-reversal-symmetry requirements; (2) they may lead to different results on different architectures, and even on the same architecture but in different runs. This issue is particularly delicate because, in order to save memory, we recompute the matrix elements \( g_{mnv}(k,q) \) at each self-consistent iteration. Our benchmarks indicate that this issue can lead to (relatively small) numerical noise in the calculated formation energies, that shows up as small oscillations in plots of \( \Delta F \) vs \( L \). In order to eliminate these fluctuations, we enforce a predetermined choice for the gauge of eigenmodes and wave functions, in the same spirit as in Sec. V.C of Ref. [73]. First, we rotate \( U_{mnk} \) and \( e_{v\alpha}(q) \) so that the first nonzero component is real and positive. Then, we check for degeneracies in the electron or phonon energies, and we break these degeneracies using a fictitious perturbation. To this aim, we set up a Hermitian perturbation \( P_{mk} \) that spans the Bloch subspace. We fill this matrix by using a sequence of small prime numbers as matrix elements. Then, we diagonalize \( P_{ijk} = \sum_{mn} U_{mnk} P_{mn} U_{njk}^{*} \), where the indices \( i,j \) are restricted to the degenerate subspaces. By denoting with \( V_{ij} \) the unitary matrix that diagonalizes \( P_{ij} \), we construct \( U_{ijk} = \sum_{p} V_{ij} U_{pk} \). Finally, we obtain interpolated KS states and energies from \( U_{mnk} \) instead of \( U_{mnk} \). If the energies are all nondegenerate, then we are done. If there are still degeneracies, we repeat the operation by filling the perturbation matrix using the next prime numbers in the sequence. We note that in the subsequent polaron calculation the KS energies remain unaffected by this fictitious perturbation, as from this procedure we only retain the unitary rotation \( V_{ijk} \); formally, this is equivalent to taking the limit of a vanishingly small perturbation. We operate similarly for
FIG. 1. Ball and stick models of the compounds considered in this work. (a) $3 \times 1 \times 1$ supercell of LiF, with Li and F atoms in green and silver, respectively. We also show an isosurface plot of the density at the conduction band bottom. In the undistorted structure, this state is completely delocalized. (b) $3 \times 1 \times 1$ supercell of Li$_2$O$_2$, with Li and O atoms in green and red, respectively. Also in this case we show an isosurface plot of the density at the conduction band bottom, in the undistorted structure. The electron is completely delocalized. (c) $2 \times 2 \times 2$ supercell of $\alpha$-SiO$_2$, with Si and O atoms in blue and red, respectively. The isosurface plot represents the delocalized conduction band bottom in the undistorted structure. (d) $2 \times 2 \times 2$ supercell of $\alpha$-SiO$_2$ with one Al atom (cyan) replacing Si. In this case, the lowest unoccupied state is localized near the defect.

C. Test systems

1. Lithium fluoride

The first test system that we consider is a prototypical ionic insulator, lithium fluoride. LiF crystallizes in a simple rock-salt structure and is known to be a wide-gap insulator. As the other members of the alkali halides family, LiF hosts color centers with interesting optoelectronic properties [74]. In particular, the $V_K$ center is a self-trapped hole polaron which has been studied in a number of investigations [44,45,75–82]. On the other hand, the electron polaron is expected to be a large polaron and has been investigated only by means of model Hamiltonians [83]. Here, we perform calculations for both the small hole polaron and the large electron polaron of LiF, and we show that our formalism correctly describes both limits on the same footing.

Figure 1(a) shows a supercell of LiF (the unit cell consists of only two atoms). Our optimized lattice parameter is $a = 4.058$ Å, in agreement with the experimental value $a = 4.02$ Å [84]. Our calculated KS band gap is $E_g = 8.9$ eV, and underestimates the experimental optical gap of 14.2 eV as expected [85]. We find isotropic electron and hole effective masses of 0.88 $m_e$ and 3.73 $m_e$, respectively. The electron mass is in good agreement with the reported values 0.78–1.2 $m_e$ [86,87], but we could not find previous values for the hole mass. The calculated relative dielectric constants are $\epsilon_0 = 10.62$ and $\epsilon_\infty = 2.04$, to be compared with the measured values $\epsilon_0 = 9.04$ and $\epsilon_\infty = 1.92$ [88,89]. The highest computed phonon energy is $\hbar \omega_{\text{max}} = 77.0$ meV, close to the experimental value $\hbar \omega_{\text{max}} = 80$ meV [90], and the Fröhlich coupling constant for the electrons is $\alpha = 4.92$.

2. Lithium peroxide

The second test system that we consider is lithium peroxide Li$_2$O$_2$. This compound crystallizes in a layered hexagonal structure, with space group $P6_3/mmc$. The structure can be thought of as consisting of Li$_2$O$_2$ layers intercalated by Li planes as seen on Fig. 1(b). Li$_2$O$_2$ forms in battery cathodes during the operation of lithium-air batteries, and can degrade the battery performance through its low electrical conductivity [53,91,92]. It has been proposed that the low conductivity of this compound originates from a strong electron-phonon coupling, and several studies reported the calculation of small
electron polarons using a supercell approach [53,93,94]. In Ref. [53] it was shown that a small electron polaron can form in a $3 \times 3 \times 2$ supercell, without the use of Hubbard corrections or hybrid functionals. This finding suggests that Li$_2$O$_2$ supports strongly bound small polarons. Furthermore, Li$_2$O$_2$ is highly anisotropic. These properties make lithium peroxide an ideal candidate for testing the limits of our approach.

Figure 1(b) illustrates a supercell of this compound: in each unit cell we have four Li and four O atoms, and the optimized lattice parameters are $a = 3.153$ Å and $c/a = 2.433$. Using these parameters, we calculate a band gap of $E_g = 2.05$ eV, electron effective masses in and out of plane of 2.19 $m_e$ and 0.42 $m_e$, respectively, and in-plane/out-of-plane relative dielectric constants $\epsilon^\infty = 2.73/3.94$ and $\epsilon^0 = 8.36/14.20$. The highest phonon energy that we calculate is $\hbar\omega_{\text{max}} = 98.2$ meV, and the in-plane/out-of-plane Fröhlich coupling constants [11] are $\alpha = 4.74/1.54$. Our calculations are in good agreement with previous ones yielding $\alpha = 3.17$ Å [95], $c/a = 2.43$ [95], $E_g = 3.6–4.8$ eV [96], and $\hbar\omega_{\text{max}} = 99.3$ meV [97].

3. $\alpha$-quartz

Since in Sec. IV we introduced a modified version of the SIC for polarons of Ref. [52], it is important to check that our functional yields results in line with previous work [52,98,99]. To this aim we repeat previous calculations on Al-doped $\alpha$-quartz, and we compare the localization of the trapped hole with the existing results [52,98,99].

Figure 1(c) illustrates the optimized structure of the primitive unit cell of $\alpha$-SiO$_2$, in the absence of the Al defect. Our optimized lattice parameters are $a = 4.913$ Å and $c/a = 1.100$, in agreement with the experimental values $a = 4.904$ Å and $c/a = 1.100$ [100]. We model the defect-induced localized hole using a supercell with 72 atoms, with one Si atom replaced by Al. The lattice parameters of the supercell are not reoptimized after this substitution. The defective structure is shown in Fig. 1(d).

VI. RESULTS

A. Validation of the SIC functional

In order to validate the SIC functional proposed in Eq. (54), we consider an Al defect in $\alpha$-quartz, following previous work [52,98,99]. A calculation without SIC yields a delocalized electronic state and no lattice distortion, as shown in Fig. 1(c). However, when we include the SIC of Eq. (54), we obtain a localized solution, as seen in Fig. 1(d). This result is in agreement with previous work based on the unrestricted Hartree-Fock method [98] and other SIC schemes [52,99].

To be more quantitative, we also calculate the bond lengths around the defect site. Using the labeling convention set out in Fig. 1(d), our SIC functional yields the bond lengths 1.946, 1.696, 1.708, and 1.699 Å for the bonds Al-O(1)–Al-O(4), respectively. These values compare well with previous findings, with root-mean-square deviations of only 0.006 Å [52,98]. We can conclude that our modified SIC functional yields the same geometry as in previous work. We also confirmed that the isosurface of the hole density [Fig. 1(d)] looks similar to what previously reported [52,98,99].

To avoid possible ambiguity, we emphasize that the localized hole in Al-doped $\alpha$-SiO$_2$ does not constitute a polaron strictly speaking. In fact, the localization and self-trapping are driven by the crystal potential of Al, and do not reflect a spontaneous breaking of translational symmetry as in the cases of Li$_2$O$_2$ and LiF discussed below. Accordingly, in this case we do not compare with our linear-response polaron formalism, which addresses spontaneous symmetry breaking in perfect crystals.

As a second test, we check the geometry of the small electron polaron in Li$_2$O$_2$. In this case, previous work finds an electron localized around two nearest-neighbor O atoms in the LiO$_2$ plane [see, for example, Fig. 5(a)]. The O-O distance in the pristine lattice is 1.54 Å (1.51 Å in Ref. [93]). Using hybrid functional calculations, Ref. [93] reported that this distance increases to 2.20 Å upon adding one excess electron in a supercell with 192 atoms. Our calculations using the SIC functional of Eq. (54) also yield an electron localized around the same pair of oxygen atoms, as shown in Fig. 5(e). The resulting O-O distance is 2.25 Å, only 2% larger than in Ref. [93].

B. Polaron energy vs supercell size and Mott transition

In Figs. 2(a) and 2(b) we compare the formation energy and polaron eigenvalue obtained via our Eqs. (37) and (38) (brown symbols) with the results of the continuous LP model described in Sec. II (orange lines). We focus on the large electron polaron in LiF [98,99] for definiteness, and for calculations using the LP model we take $\kappa = 2.53$ and $m^*/m_e = 0.88$ from Sec. VC1. Figure 2(a) shows that the polaron formation energy scales with the supercell size as $L^{-1}$, as expected. In the LP model, the formation energy extrapolated at infinite supercell size is $\Delta E_f = −210$ meV. In contrast, when we solve the $ab\text{ initio}$ polaron equations, we find the extrapolated energy $\Delta E_f = −231$ meV. The difference between the LP model and our method relates to the fact that in our $ab\text{ initio}$ calculations the bands, phonons, and electron-phonon matrix elements are not as simple as in the LP model. To demonstrate this point, we show in the same figure a calculation carried out using our method, but after replacing the band structure by a parabolic band with the same effective mass as in the LP model, the phonon dispersion relation by a single, nondispersive longitudinal-optical (LO) mode, and retaining only the long-range component of the electron-phonon matrix element. This “trimmed” version of the calculation reproduces the LP model exactly, as shown by the blue symbols in Fig. 2(a). A comparison of the $ab\text{ initio}$ electron-phonon matrix element for this mode and the long-range Fröhlich component used in the LP model is shown in Fig. 2(c); here we see that the LP model overestimates the strength of the coupling at short range. Aside from validating our method, the present comparison highlights the fact that even in a compound as simple as LiF the electron-phonon coupling is more complex than a simple Fröhlich interaction, and that details of band structures, phonon dispersions, and matrix elements are to be taken into account for predictive calculations.

In Fig. 2(b) we report the polaron eigenvalue $\epsilon$ measured from the conduction band bottom as a function of supercell size $L$. In this case, the Makov-Payne extrapolation to
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FIG. 2. (a) Formation energy $\Delta E_f$ of the electron polaron in LiF vs supercell size. We give the size as $L^{-1}$, where $L^3$ is the supercell volume. Brown symbols are our calculations using the polaron equations of this work. The dashed gray line is the Makov-Payne extrapolation to infinite supercell size. The orange line is the result of the LP model. The blue symbols are our calculations after considering a parabolic band and a dispersionless LO mode. The shaded regions (blue for parabolic and dispersionless and brown for ab initio) indicate supercells for which we did not find self-trapped polarons. (b) Same as in (a), but this time for the polaron eigenvalue $\varepsilon$. The numbers next to the data points indicate the supercell size, for example, 33 means a supercell of size $33 \times 33 \times 33$. (c) Electron-phonon matrix element for an electron at the conduction band bottom of LiF, as a function of the phonon wave vector $|q|$. The brown line is the ab initio matrix element, the blue line is the Fröhlich approximation, which retains only the long-range component. (d) Formation energy of the hole polaron in LiF vs supercell size (brown symbols). The dashed line is the Makov-Payne extrapolation. The filled squares are the formation energies calculated in Ref. [45]. (e) Same as in (d), but for the eigenvalue of the hole polaron in LiF (brown symbols). The numbers represent the supercell size as in (b). (f) Formation energy of the electron polaron in Li$_2$O$_2$ vs supercell size. $N \times N \times 1$ indicates a nonuniform supercell (used for computational convenience). We compare the results of our polaron equations (green symbols) and our explicit DFT calculations with the SIC functional of Eq. (54) (cyan symbols), both on nonuniform $N \times N \times 1$ supercells. We also include DFT calculations without self-interaction correction (orange symbols), and our polaron equations on uniform supercells (brown symbols). (g) The eigenvalue of the electron polaron in Li$_2$O$_2$ vs supercell size (brown symbols). The notation is the same as in (b).

Infinite supercell size yields $\varepsilon = -800$ meV with our method (brown symbols), and $\varepsilon = -609$ meV with the LP model (orange line). As for the formation energy, also in the case of the polaron eigenvalue we fully recover the LP result when we consider a parabolic band and a nondispersive LO phonon [blue symbols in Fig. 2(b)]. It is interesting to note that in LiF the ratio between the polaron eigenvalue and its formation energy is 3.46; this ratio is close to the prediction of the LP model in Sec. II, which yields $\varepsilon/\Delta E_f = 3$ using the exponential ansatz in Eqs. (12) and (13); note that in the LP model $\Delta E_f$ coincides with the energy $E_{LP}$.

In Fig. 2(a) we also see that when the LiF supercell is smaller than $12 \times 12 \times 12$ unit cells, there is no localized polaron solution, i.e., $\Delta E_f = 0$. The existence of a critical supercell size for polaron formation can be explained in terms of the Mott transition: when the periodic replicas of the polaron are too close, they form an extended wave function, and the corresponding lattice deformation is too shallow to trap an electron. In this case, the excess electron becomes fully delocalized. Therefore, a localized polaron can only form when the overlap between nearest-neighbor replicas is negligible. This is the same criterion used by Mott to identify the metal-insulator transition [101]. Using the Mott criterion
in the standard form \( r_p n_{c}^{1/3} = 0.26 \) [101], with \( n_c \) being the critical density and \( r_p \) from Eq. (11), we can estimate a critical density

\[
    n_c \simeq 3.6 \left( \frac{m^*/m_e}{\kappa} \right)^3 \times 10^{21} \text{ cm}^{-3}. \tag{62}
\]

We note that this is only a crude estimate since it is based on a simplified solution to the Pekar polaron problem. Using \( \kappa = 2.53 \) and \( m^*/m_e = 0.88 \) from Sec. VC1 inside Eq. (62), we obtain \( n_c = 15 \times 10^{19} \text{ cm}^{-3} \). This estimate is of the same order of magnitude as our calculation in Fig. 2(a), which places the transition between supercells of size 113 and 123, that is, \( n_c = 4 \times 10^{19} \text{ cm}^{-3} \).

In Figs. 2(d) and 2(e) we show our calculated formation energy and eigenvalue for the hole polaron in LiF, respectively. In this case, we obtain self-trapped polarons already for supercells as small as \( 2 \times 2 \times 2 \) unit cells. This result is consistent with Eq. (62) and the heavy effective mass of the valence bands. In fact, if we use \( m^*/m_e = 3.73 \) from Sec. VC1 we obtain \( n_c = 1.15 \times 10^{22} \text{ cm}^{-3} \), which corresponds approximately to one electron in a \( 2 \times 2 \times 2 \) supercell. The Makov-Payne extrapolation yields \( \Delta E_f = -1.98 \text{ eV} \) and \( \varepsilon = +4.76 \text{ eV} \) (measured from the valence band top), therefore, we are in the presence of a strongly bound polaron. We note that the polaron eigenvalue is positive because the localized hole state lies above the valence band, but the energy is still within the KS gap of this system (\( E_g = 8.9 \text{ eV} \) from Sec. VC1). For comparison with explicit DFT calculations, in Fig. 2(d) we also report the formation energies calculated in Ref. [45] using SIC or hybrid functionals (filled squares). These calculations correspond to \( 5 \times 5 \times 5 \) supercells and are in very good agreement with our results.

In Figs. 2(f) and 2(g) we show the eigenvalues and formation energies of the electron polaron in Li2O2, respectively, as a function of supercell size. Using \( \kappa = 4.05 \) and \( m^*/m_e = 2.19 \) from Sec. VC2 inside Eq. (62), we obtain the estimate \( n_c = 6 \times 10^{20} \text{ cm}^{-3} \); therefore, we expect to see localized solutions already for supercells as small as \( 5 \times 5 \times 1 \) unit cells. Our calculations indeed find polarons already at \( 2 \times 2 \times 1 \) [see Fig. 2(f)]. In this case, the formation energy and eigenvalue extrapolated at infinite supercell size (brown symbols) are \( \Delta E_f = -4.87 \text{ eV} \) and \( \varepsilon = -10.98 \text{ eV} \), respectively. The polaron eigenvalue falls within a band gap in the valence manifold. In this figure we also compare to direct calculations using the SIC functional of Sec. IV. The formation energy

![FIG. 3. Electron polaron in LiF. (a) Isosurface plot of the polaron wave function \( \psi \) computed with our method for an extra electron in LiF. We use a \( 12 \times 12 \times 12 \) supercell, as it can be seen from the underlying ball-stick model (Li and F are in green and silver, respectively). (b) Same wave function as in (a), but as a contour plot in a plane passing through the center and perpendicular to the [100] direction. (c) One-dimensional profile of the polaron density \(|\psi|^2\) along the line indicated by the arrow in (b). (d) Displacements of F atoms in this polaron state. The length of the arrows has been scaled \( \times 150 \) for visualization purposes. (e) Absolute values of the Li and F displacements along a line passing near the polaron center.](235139-14)
in our explicit DFT SIC calculation (cyan symbols) is close to the results of our linear-response polaron equations (green symbols), and exhibits the same trend as a function of supercell size; the DFT SIC calculation for the largest supercell considered here \((7 \times 7 \times 1)\) yields \(-4.13\) eV, to be compared to our linear-response result \(-4.70\) eV. The deviation of \(\sim 14\%\) can be attributed to the fact that our formalism neglects the response of the valence electrons to the localized lattice distortion caused by this strongly bound polaron, or to the fact that the approximation of linear electron-phonon coupling becomes inaccurate for such large atomic displacements. In the same figure we also show that a DFT calculation without SIC fails to predict the correct formation energy, and tends to delocalize the polaron when increasing the supercell size (orange symbols). We note that a study of the scaling of the polaron energy vs supercell size has not yet been reported in the literature.

C. Polaron wave functions

Figure 3 shows the electron polaron in LiF, obtained by solving Eqs. (37) and (38). The electron wave function is computed using Eq. (46), and the atomic displacements are obtained via Eq. (39). Figures 3(a) and 3(b) show the electron wave function as an isosurface and as a contour plot in a plane cutting through the center, respectively. When we compare with the delocalized electronic state shown in Fig. 1(a) we see that now we are in the presence of a localized, but large, polaron. To quantify the spatial extension of the polaron, to delocalize the polaron when increasing the supercell size (orange symbols). We note that a study of the scaling of the polaron energy vs supercell size has not yet been reported in the literature.

Therefore, this polaron extends approximately over two unit cells of the LiF lattice. In Figs. 3(d) and 3(e) we report the atomic displacements associated with this polaron, using a vectorial representation and a one-dimensional cut, respectively. We note that the displacements of the F anions are consistently larger than those of the Li cations. This may appear counterintuitive because the F anions are heavier, but it is consistent with the fact that the electron charge is mostly concentrated around the Li cations due to the character of the conduction band bottom, therefore, the F atoms experience the strongest electrostatic force. The largest atomic displacement is 0.02 \(\AA\), and this value is only 1\% of the Li-F bond length. Therefore, we are well within the remit of the harmonic approximation.

Figure 4 shows the hole polaron in LiF, namely, (a) the wave-function isosurface, (b) the same function as a contour plot, (c) a line cut of the wave function, (d) the atomic displacements as arrows, and (e) the size of the displacements along a line passing through the center. Here, we are in the presence of a small hole polaron, which is expected given the much heavier masses of the holes as compared to electrons in this system and the much narrowed valence band width [Fig. 6(a)]. As it will be discussed in Sec. V ID the hole polaron in LiF is much closer to a Holstein polaron than a Fröhlich polaron. In this case, the wave function extends over approximately two atomic orbitals, and from Fig. 4(e) we obtain the full width at half-maximum \(2r_p = 0.97\) \(\AA\). Accordingly, only a few atoms undergo significant displacements, as shown in Fig. 4(e). The largest displacements are found for Li cations, in line with the fact that the wave functions at the top of the valence band are localized around the anions, which therefore experience a weaker force. We obtain a maximum displacement of 0.44 \(\AA\), which is approximately 20\% of the bond length of Li-F (2.03 \(\AA\)). It is remarkable that our formalism is able to capture this limit of very small polaron, even when the atomic displacements are definitely beyond the harmonic regime. We believe that the reason why the formalism works in this extreme case is that the distortion caused by the small polaron affects only a small portion of the crystal; therefore, the use of bands, phonons, and electron-phonon matrix elements calculated for the undistorted unit cell does not lead to significant inaccuracies.

Figure 5 shows the electron polaron in Li\(_2\)O\(_2\). In this case, we compare three calculations: in Figs. 5(a)–5(d) we show the small electron polaron obtained with our formalism; in 5(e)–5(h) we show an explicit supercell calculation using the SIC functional of Sec. IV; in 5(i)–5(l) we show the results of a standard DFT calculation without SIC. In each column we report, from top to bottom, the electron wave function, its one-dimensional cut across the polaron center, the atomic displacements as arrows, and the one-dimensional cut of these displacements. The first observation to be made is that standard DFT yields a two-dimensional electronic state that is localized along the \(c\) axis [Fig. 5(i)] but delocalized in the \(ab\) plane. The SIC leads to electron localization also in the plane, and this is observed both in the explicit supercell calculation [Fig. 5(e)] and using our method [Fig. 5(a)]. The explicit supercell calculation yields a slightly asymmetric wave function, while our method gives a perfectly symmetric polaron. This is an artifact of the constraint \(\psi_{v\mathbf{k}↓} = \psi_{v\mathbf{k}↑}\) used in the SIC calculation, in fact, previous work using hybrid functionals and supercells also found a symmetric polaron [93], as in our method. In this case, the polaron is also very small, and extends over two adjacent O-\(p\) orbitals. From Fig. 5(b) we determine \(2r_p = 0.63\) \(\AA\), and from Fig. 5(d) we find the largest displacement to be 0.38 \(\AA\). Also, in this case the atomic displacements are large (\(\sim 25\%\) of the O-O distance, 1.51 \(\AA\), but our method correctly predicts the distorted structure as the explicit DFT SIC calculation. This success is remarkable if we consider that our theory is based on small displacements and linear electron-phonon interactions.

D. Spectral decomposition of the polaron

In Figs. 6–8 we present the spectral decomposition of the polaron wave functions and atomic displacements in terms of the underlying band states. Figure 6(a) shows the electronic weights \(|A_{v\mathbf{k}}|^2\) plotted on top of the band structure for the case of the large electron polaron in LiF. The corresponding electronic density of states and spectral function \(A^2(E)\) are shown in Fig. 6(b). These plots are meant to mimic similar representations of the excitons calculated via the Bethe-Salpeter method [46,47,102]. The large electron polaron is dominated by states at the bottom of the conduction band; as expected, the localization in reciprocal space mirrors the delocalization
in real space. The corresponding atomic displacements are resolved using the weights $|B_q|^2$ in Fig. 6(c), and the density of vibrational states and phonon spectral function $B^2(E)$ are given in Fig. 6(d). We see that the polaron is dominated by the LO mode at 76 meV, as expected from earlier work on Fröhlich polarons in halide salts [83], but we also have smaller contributions coming from the acoustic branches. By integrating $B^2(E)$ in Fig. 6(d) we can quantify the roles of these phonons: we find that the LO mode accounts for 62% of the polaronic distortion, while the transverse acoustic (TA) mode is responsible for the remaining 38%.

Figure 7 shows the spectral decomposition of the small hole polaron in LiF. Here, the main observation is that the entire highest valence band contributes to the polaronic wave function, with smaller contributions from lower-lying bands. This behavior suggests that the small hole polaron of LiF is closer to the Holstein limit [37] than the Fröhlich limit [17]. We emphasize that, at variance with model Hamiltonians, our approach is parameter free, therefore, it captures seamlessly both limits. Also in this case, the LO phonon branch dominates the coupling, however, now it is the entire branch that contributes, as shown in Fig. 7(d). This observation is in line with the fact that the small polaron requires short-range electron-phonon coupling, therefore, the range of important phonon wave vectors must extend away from the zone center. By integrating the spectral function $B^2(E)$ we find that the LO branch contributes 78% of the coupling in this case.

Finally, Fig. 8 shows the spectral decomposition for the small electron polaron in Li$_2$O$_2$. In this case, the two lowest conduction bands contribute equally to the polaron wave functions. This is a case where one-band model Hamiltonians such as the models of Fröhlich and Feynman would not be sufficient to capture the essential features of the problem. We also point out that the higher-lying conduction bands do not contribute appreciably to the polaron wave function, as it can be seen from the spectral density $A^2(E)$ in Fig. 8(b). The largest contribution to the lattice distortion comes from TO modes around 96 meV, which account for 64% of the coupling.
FIG. 5. Electron polaron in Li$_2$O$_2$. All calculations were performed in a $3 \times 3 \times 3$ supercell. (a) Isosurface plot of the polaron wave function $\psi$, computed using our method. The green and red spheres are Li and O atoms, respectively. (b) Planar average of $|\psi|^2$ along a [010] line passing through the polaron center. (c) Displacements of the O atoms in this polaron, amplified $\times 8$ for clarity. (d) Absolute value of the displacements along a [100] line passing near the polaron center. In (e)–(h) we repurpose the same set of data, this time using the DFT SIC functional of Eq. (54). In (i)–(l) we repurpose the same set of data, this time using standard DFT calculations without SIC.

VII. FUTURE DEVELOPMENTS

Having established the potential of our methodology in Sec. VI, it is worth looking ahead to anticipate possible future developments. One immediate development would be to explore excited polaron states beyond the ground state. This will require us to solve Eq. (37) for higher-lying electronic eigenstates instead of retaining only the ground state. The
study of electronic excitations at fixed lattice distortion could be useful to understand the response of polarons to ultrafast optical excitations, for example.

Another important development would be to go beyond the adiabatic and classical approximations. Indeed, the main limitation of the present approach is that the starting point of the formalism is the DFT energy functional in Eq. (17). In this functional, the electronic structure is described as a parametric function of classical ionic coordinates, therefore, both DFT calculations of polarons and our formalism are both similar in spirit to the Landau-Pekar polaron model.

Ideally, we would want to study this problem using a fully fledged field-theoretic formulation, as provided for example by the self-consistent Hedin-Baym equations for the coupled electron-phonon system \[54\]. While it may be possible to proceed along this direction, we speculate that it may be easier to start from the present formulation, and upgrade the theory by reinstating from the outset nonadiabatic effects and quantum nuclear fluctuations. For example, we could restart from Eq. (23), introduce the quantum kinetic energy of the nuclei, and write the problem in terms of the correlated electron-ion wave function \( \Psi(\mathbf{r}, \{\Delta \tau_{\kappa\alpha\nu}\}) \):

\[
E_p^q[\Psi] = \int d\mathbf{r} d\{\Delta \tau_{\kappa\alpha\nu}\} \Psi^∗(\mathbf{r}, \{\Delta \tau_{\kappa\alpha\nu}\}) \times \left[ -\frac{1}{2} \sum_{\kappa\alpha\nu} \frac{\hbar^2}{2M_\kappa} \frac{\partial^2}{\partial \Delta \tau_{\kappa\alpha\nu}^2} + \frac{1}{2} \sum_{\kappa\alpha\nu\kappa′\alpha′\nu′} C^0_{\kappa\alpha\nu,\kappa′\alpha′\nu′} \Delta \tau_{\kappa\alpha\nu} \Delta \tau_{\kappa′\alpha′\nu′} \right] \Psi(\mathbf{r}, \{\Delta \tau_{\kappa\alpha\nu}\}).
\]

The advantage of this formulation is that one could focus on a single electron interacting with a phonon bath because the electron-electron interaction is already captured by the DFT KS Hamiltonian.

Equation (63) can be reformulated in terms of phonon ladder operators and electron-phonon matrix elements, following steps similar to Sec. III D. Using the same notation as in Ref. [54], the Hamiltonian inside the square brackets becomes (apart from a constant provided by the zero-point energy)

\[
\hat{H}_p^q = \sum_{nk} \epsilon_{nk} |n\mathbf{k}\rangle \langle n\mathbf{k}| + \sum_{\nu\mathbf{q}} \hbar \omega_{\nu\mathbf{q}} \hat{a}_{\nu\mathbf{q}}^\dagger \hat{a}_{\nu\mathbf{q}} + N_p^{-1} \sum_{mn\nu\kappa\mathbf{q}} g_{mn\nu\kappa\mathbf{q}} (\hat{a}_{\nu\mathbf{q}}^\dagger \hat{a}_{\nu\mathbf{q}}^\dagger - 2) |m\mathbf{k} + \mathbf{q}\rangle \langle n\mathbf{k}|.
\]

where the summations over bands are restricted to conduction or to valence states for electron or hole polarons, respectively. In this equation, we do not employ the usual electron field.
In this work we developed a first-principles methodology that enables calculations of polaron energies and wave functions without using supercells. Our method employs electronic band structures, phonon dispersion relations, and electron-phonon matrix elements calculated in the crystal unit cell using density-functional theory and density-functional perturbation theory. In our theory, we formulate the polaron problem as a variational minimization of a DFT functional including a self-interaction correction for the polaron wave function. This strategy leads to a nonlinear system of two coupled equations for the electron or hole wave function and the associated atomic displacements. We showed that this approach has a mathematical structure similar to the classic Landau-Pekar polaron problem, but in our case the coupling to all phonons, both acoustic and optical, and both short and long range, is taken into account.

We applied this method to three test cases, namely, the large electron polaron in a halide salt, LiF; the small hole polaron in the same material, and the small electron polaron in a layered metal oxide Li$_2$O$_2$. In the case of the large polaron we validated our calculation using the continuous Landau-Pekar model; in the case of the small polaron we compared our results with explicit supercell calculations. We observed that our technique describes correctly and accurately both large and small polarons, therefore, this method carries general validity across the length scales.

We introduced a spectral analysis of the polaron wave function and atomic displacements in order to quantify which electron bands, phonon modes, and electron-phonon couplings play the most important role in the formation of the polaron. This analysis allowed us to identify Fröhlich-type electron polarons in LiF, and Holstein-type polarons in LiF (holes) and Li$_2$O$_2$ (electrons). We anticipated that this type of analysis will be useful to devise model polaron Hamiltonian starting from realistic materials parameters computed from first principles.

We hope that this work will serve as the basis for future ab initio calculations of polarons in real materials, and it will help combining together the strengths of DFT-type calculations with field-theoretic polaron techniques developed for model Hamiltonians.

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